

Rupel Despuza

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Public Health Program Design, Rollout, Monitoring, & Evaluation | Staff Leadership, Development, & Hiring Experience

SUMMARY OF QUALIFICATIONS

Wins 6-figure grants, saves at-risk programs from fund shortages, and meets federal grant requirements by leading the rollout of internal policy changes and drafting grant proposals. Plans and deploys health and wellness programs in partnership with renowned healthcare organizations, such as the Centers for Disease Control and Prevention (CDC). Evaluates and improves public health programs by analyzing program participant data and leveraging theoretical models, such as the Health Belief Model.

Community Health Education
Networking & Partnership Development
Data Collection & Report Generation

Public Health Project Management
Public Outreach & Communication
Disease Prevention & Control

Health Promotion
Fundraising & Fund Development
Microsoft Office Suite

EDUCATION

Doctor of Public Health in Health Education, Locomo University

09/2018 – 06/2021

- **Sanitation Program Assessment Project:** Executed a UNICEF-sponsored evaluation of the effectiveness/sustainability of a Community-Led Total Sanitation (CLTS) project that was rolled out in 3 refugee camps across Sudan; identified root causes of disease outbreaks in the camps and devised preventive measures; analyzed/visualized refugee data using SPSS, SAS, and ArcGIS.
- **Health Education Program Evaluation Project:** Currently performing resource/needs assessment of health education programs to inform long-range plans of the San Manuel Gateway College and Promotores Academy; analyzed student data using SPSS, SAS, and Excel. Designed improved methods for program evaluation and data collection based on the Empowerment Theory.
- **Community Needs Assessment Project:** Identified and justified the need for road safety infrastructure in school-adjacent regions within San Bernardino by directing a 4-member team; conducted a photovoice of the region; engaged community leaders and staff from the Department of Public Health; gained stakeholder buy-in on the proposed solution.
- **Fundraiser Organization:** Raised \$77K+ by organizing our university's Annual Giving Fund Campaign; led a 5-10-member team.
- **Health Education Volunteer Experience:** Taught oral hygiene to rural communities in Honduras at Pan American Health Service.
- **Health Education:** Co-founded a podcast to raise awareness of public health issues among our university's student community.

Master of Public Health (MPH), Astol University

08/2014 – 12/2016

Bachelor of Science (BS), Baile University

08/2008 – 12/2013

PROFESSIONAL EXPERIENCE

Health Outcomes Manager, Local Health Center

08/2016 – Present

Hours/Week: 40

Built and supported health and nutrition programs that served food-insecure, low-income groups; led 6-member team. Acquired 6-figure grants by creating grant proposals; met grant requirements by tracking program KPIs using Excel and Athenahealth EHR.

Develops, Implements, and Improves Public Health Programs

- Founded public health programs — Eat Well, Live Well; Cooking with the Heart; Diabetes Prevention Program — by partnering with the CDC and American Heart Association and leveraging on-site resources; organized health education workshops.
- Increased homeless clinic capacity (from 10 → 30 patients/day) and frequency of hosting homeless clinics from monthly to weekly by securing a \$1M grant and streamlining work schedules; introduced evidence-based crowd management techniques.

- Boosted program effectiveness and improved cultural awareness/sensitivity of 45-50 clinicians by orchestrating quarterly lunch and learn sessions; recruited thought leaders within the nonprofit space to deliver the training sessions.
- Built program evaluation capabilities and realized the vision of leadership for a quality assurance infrastructure by introducing program benchmarking processes; gained healthcare providers' buy-in; trained providers on tracking program KPIs.

Drives Fund Development

- Won a \$100K grant, prevented fund shortage for an at-risk health program, and gained NCQA accreditation by leading rollout of the PCMH (Patient-Centered Medical Home) care delivery model across a 45-50-personnel healthcare facility.
- Attained an annually renewed \$75K grant from the Kaiser Permanente Foundation to fund at-risk health education and nutrition programs by drafting grant narratives based on program performance data; tracked and analyzed program KPIs.
- Enhanced community awareness and support for our company's nonprofit initiatives and maintained high program participation by promoting health programs at conferences and local farmers' markets; proactively engaged potential program sponsors.

Achieves Organizational Goals and Federal Regulatory Compliance

- Met new federal regulations for program participant documentation, while maintaining high participation, and swiftly gathered proof-of-income documents by planning and launching a marketing campaign; collaborated with the patient access manager.
- Reduced administrative expenses and improved team productivity by replacing the outdated dental EHR with a cloud-based system; performed cost analysis to inform key technology investment decisions for the program director.
- Helped achieve employee engagement goals by proactively tracking, analyzing, and benchmarking employee satisfaction scores.

Diabetes Screening Tech, Diabetes Association of USA

10/2017 – 08/2018

Hours/Week: 20

Organized and delivered health education programs serving 12 patients/week from low-income and homeless populations.

Clinical Research Coordinator, Post Health

06/2014 – 08/2016

Hours/Week: 40

Reduced research project costs by evaluating/modifying the subject recruitment plan and transitioning to cost-effective subject participation incentives; routinely assessed project costs. Coordinated 100+-participant clinical trials for multiple sclerosis and schizophrenia drugs as per GCP guidelines; executed study closure tasks, such as notifying the IRB (Institutional Review Board). Drove swift project issue resolution through tight coordination with the Principal Investigator (PI) and site personnel.

Claims & Reporting Specialist, Delta Insurance

03/2014 – 06/2014

Reviewed and analyzed reports by leveraging business intelligence software, such as Business Objects XI (BOXI) and SAP; flagged potential issues; generated weekly status reports for regional coordinators; verified accuracy and compliance of dental claims.

Medical Records Coordinator, Health Sources

08/2012 – 03/2013

Streamlined patient admission processing and medical coding by modifying internal policies. Directed and coached a 40-member team to review billing information for healthcare services; used Electronic Health Records (EHR) and SAS.

Technical Skills

- **Public Health Expertise:** Health Policy Analysis, Public Administration, Qualitative & Quantitative Research, Healthcare Compliance, Applied Health Research, HIV/AIDS Trends, Behavioral Health, Incarcerated Populations, Field Investigation.
- **Health Program Development & Administration Expertise:** Program Management, Grant Writing, Data Analysis & Reporting, Curriculum Development, Community Relations, Budget Development & Administration.
- **Software Tools:** Microsoft Office Suite (Word, Excel, Outlook, & PowerPoint), SPSS, SAS.